

# The Gravitational-Wave Aspect of PBH-Catalyzed Phase Transitions

Jiahang Zhong

University of Science and Technology of China

Bled Workshop on BSM Physics, 2025

### Outline

Cosmological Phase Transitions

PBH's Catalytic Effect

Gravitational Waves

Insights from PTA SGWB

# **Cosmological Phase Transition**

### Motivations for First-order Phase Transitions

#### Theoretical points:

Fundamental theory, dark sector theory, baryon asymmetry, .....

#### To probe BSM via GWs:

Since BSM is necessary for FOPT

#### To probe the early universe via GWs:

Phase Transition is a result of competition between cosmic expansion and bubble nucleation rate

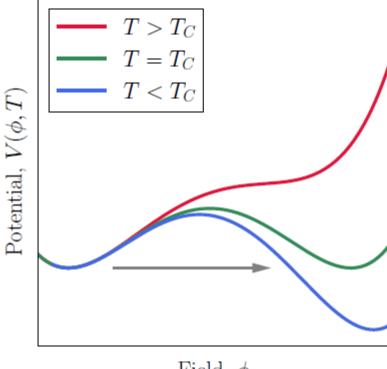
### Thermal Phase Transitions

- potential changed by temperature
- Need quantum tunneling (pure universe)

Tunneling Rate per unit time and volume

$$\Gamma(T) \approx T^4 \left(\frac{S_3}{2\pi T}\right)^{\frac{3}{2}} \exp\left(-\frac{S_3}{T}\right)$$

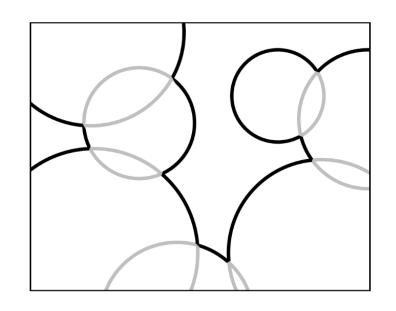
 $S_3(T)$  is instanton solution correspond to bubble profile



Field,  $\phi$ 

Could be solved numerically, e.g. **CosmoTransitions**, or analytically with thin-wall approximation

# Bubbles in First-order PT (FOPT)



Critical bubble radius

$$R_c \sim 1/\Delta \langle \phi \rangle$$

**Bubble wall velocity** 

$$v_{wall} \sim c$$

For strong PT

**Bubble wall profile** 

Movement of high energy bubble wall



**Bubble Collision Gravitational Waves** 

### **Parameters**

**Nucleation temperature**  $T_n$ : One bubble in unit Hubble volume

$$\int_{t_c}^{t_n} dt' \frac{\Gamma(t')}{H^3(t)} = 1 \sim \Gamma(T_n) = H^4(T_n)$$

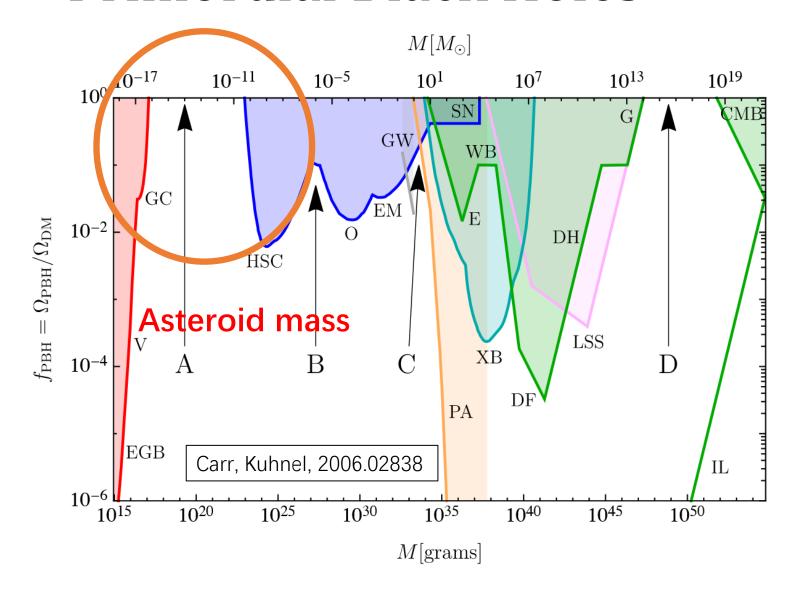
Vacuum energy density  $\rho_V$  Radiation energy density  $\rho_{rad} \sim T^4$ 

Inverse duration: 
$$\beta$$
:  $\beta = \frac{d \ln(\Gamma)}{dt} \Big|_{T_n}$ 

Near  $T_n$   $\Gamma = H^4(T_n)e^{\beta(t-t_n)}$ 

## PBH's catalytic effect

### Primordial Black Holes



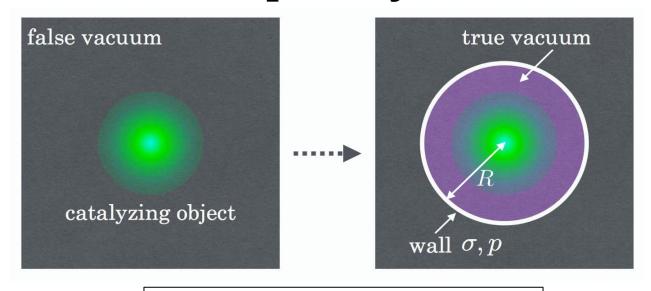
#### Dark matter candidate

PBHs are formed in the early universe



May formed before a PT

# Catalytic Effect: Impurity in the universe



Oshita, Yamada, Yamaguchi, 1808.01382

**Scalar Field:** from False Vacuum to True Vacuum

Schwarzschild-de Sitter spacetime  $ds^2 = -f_{SdS}(r)dt^2 + \frac{dr^2}{f_{SdS}(r)} + r^2d\Omega$ , **Metric Field:** 

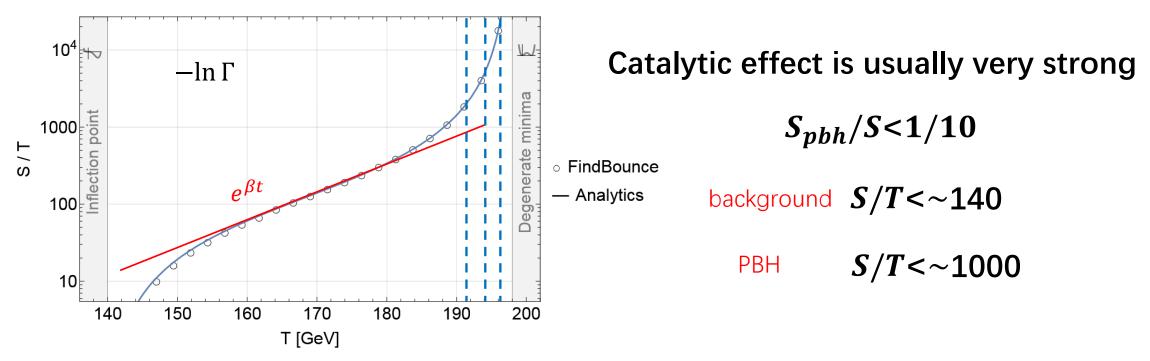
$$\mathrm{d}s^2 = -f_{\mathrm{SdS}}(r)\mathrm{d}t^2 + \frac{\mathrm{d}r^2}{f_{\mathrm{SdS}}(r)} + r^2\mathrm{d}\Omega,$$

from 
$$\Lambda_+$$
 to  $\Lambda_ \rho_V = \Lambda_+ - \Lambda_ f_{\text{SdS}}(r) = 1 - \frac{M_{\text{BH}}}{4\pi r} - \frac{\Lambda r^2}{3}$ ,

$$f_{\text{SdS}}(r) = 1 - \frac{M_{\text{BH}}}{4\pi r} - \frac{\Lambda r^2}{3}$$

# Catalytic Effect

Catalytic strength depend on PBH mass  $M_{PBH}$ , vacuum energy density  $\rho_V$ , and bubble wall tension  $\sigma_W$ .



Approximation: Each PBH induce one bubble at critical temperature  $T_c$ 

# Catalytic Effect

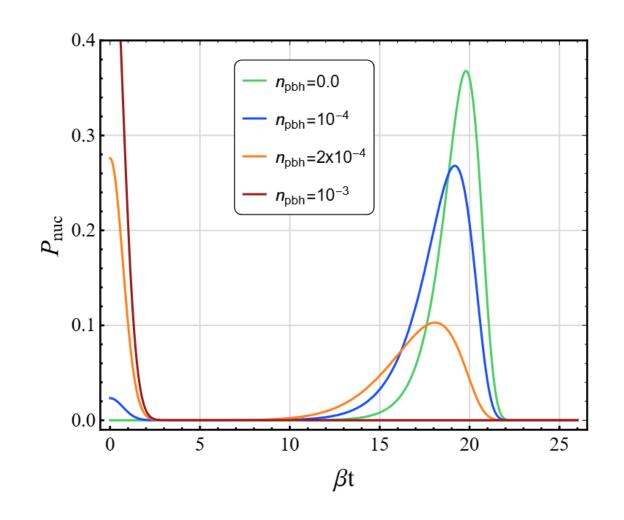
#### **Nucleation Rate**

$$\Gamma = \Gamma_b + \Gamma_{PBH}$$

$$\Gamma_b = H^4(T_n)e^{\beta(t-t_n)}$$

$$\Gamma_{PBH} = n_{pbh} H^3 \delta(t - t_c)$$

Averaged PBH number per unit Hubble patch



### **Gravitational Waves**

The approximate form on dimension ground:

$$E_{GW} \sim G v_w^3 \kappa^2 \rho_V^2 \beta^{-5}$$

$$E_V \sim \rho_V v_w^3 \beta^{-3}$$

$$\alpha = \rho_V / \rho_{rad}$$

$$\rho_{tot} = \rho_V + \rho_{rad}$$

$$H = \sqrt{\rho_{tot}} / M_{pl}$$



$$\frac{\rho_{GW}}{\rho_{tot}} \sim \frac{\rho_V}{\rho_{tot}} \frac{E_{GW}}{E_V} \sim \kappa^2 \left(\frac{\alpha}{1+\alpha}\right)^2 \left(\frac{\beta}{H}\right)^{-2}$$

$$\Omega_{GW} = \frac{1}{\rho_{tot}} \frac{d\rho_{GW}}{d \ln f} \sim \kappa^2 \left(\frac{\alpha}{1+\alpha}\right)^2 \left(\frac{\beta}{H}\right)^{-2} g(f\beta^{-1})$$

#### **Strong PT:**

$$\alpha \gg 1$$

$$\kappa \sim 1$$

PBHs affect the PT GW only through affect the bubble nucleation rate

 $v_w$ ,  $\rho_V$ ,  $\kappa$  will not be affected PBHs

Only the timescale  $\beta^{-1}$  will be affected

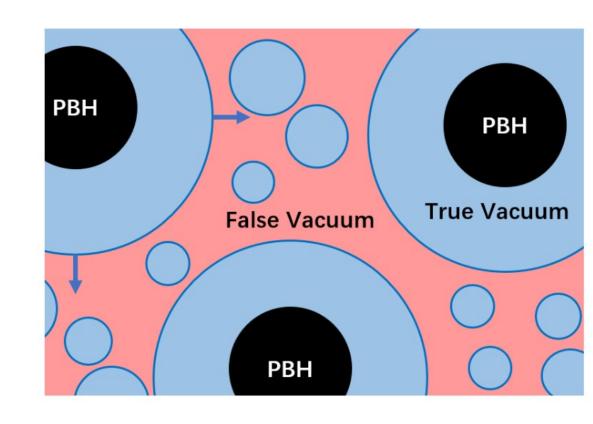
In strong PT,  $v_w \sim c = 1$  and  $\beta^{-1} \sim R_{sep}$  Mean bubble separation

$$R_{sep} = (n_{bubble})^{-1/3} = \left(\int_{t_c}^{t_p} dt \ \Gamma(t) F(t)\right)^{-1/3}$$

F(t) is false vacuum fraction

 $t_p$  is percolation time:  $F(t_p) \approx 0.7$ 

$$\frac{\beta}{\beta (n_{pbh} = 0)} = \left(\frac{R_{sep}}{R_{sep}(n_{pbh} = 0)}\right)^{-1}$$



$$\frac{\Omega_p}{\Omega_p(n_{pbh}=0)} = \left(\frac{\beta}{\beta(n_{pbh}=0)}\right)^{-2} \qquad \frac{f_p}{f_p(n_{pbh}=0)} = \frac{\beta}{\beta(n_{pbh}=0)}$$

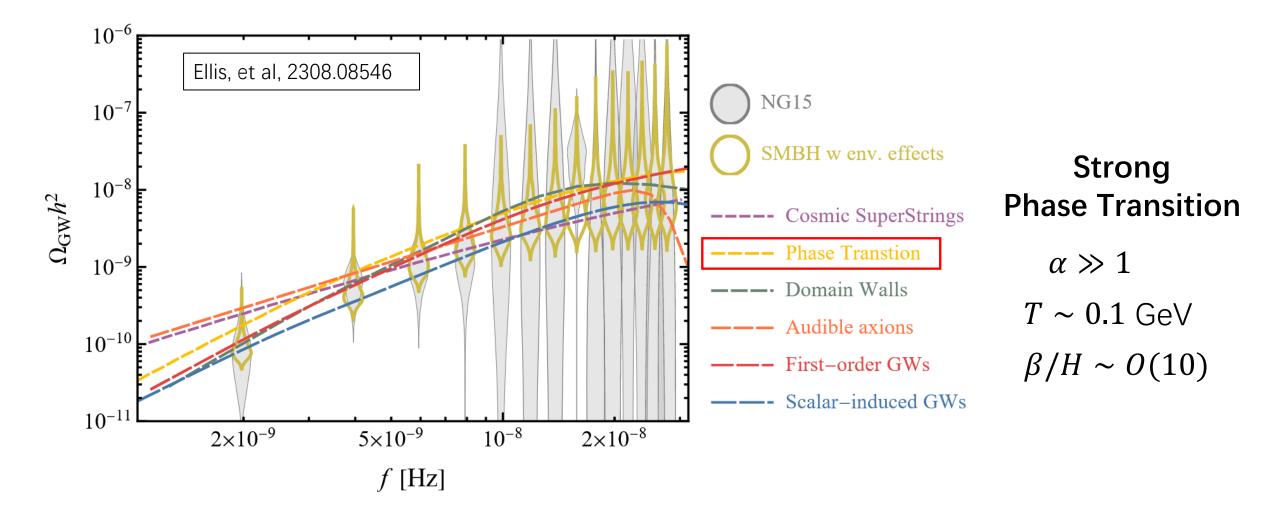
In high PBH number density limit:

$$\frac{\beta}{\beta(n_{pbh}=0)} \approx 4 n_{pbh}^{\frac{1}{3}} H/\beta(n_{pbh}=0)$$
 Leading to suppressed GW signals

# **Insight from PTA SGWB**

# SGWB Observed by PTA

The NANOGrav 15-Year Data Set



# Number Density of PBHs

$$n_{pbh} \approx 1.3 \times 10^{-8} \left(\frac{M_{sun}}{M_{PBH}}\right) \left(\frac{f_{PBH}}{1.0}\right) \left(\frac{0.1 GeV}{T}\right)^3 \left(\frac{g_*}{100}\right)^{-1/2}$$

**0.1 GeV** Asteroid-mass PBH as whole dark matter

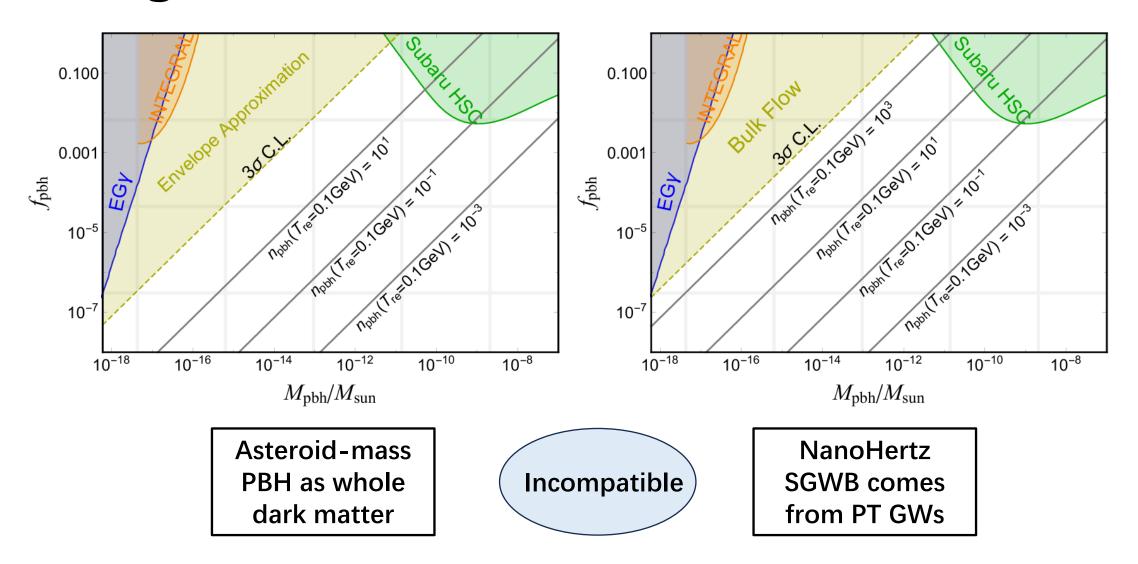
$M_{PBH}$	$n_{pbh}$
$10^{-14}M_{sun}$	$10^6$
$10^{-16} M_{sun}$	10 <sup>8</sup>

High number density



**Suppressed GW signals** 

# Insight from PTA data



## Summary

• PBH can affect PT GWs through catalytic effect

 Asteroid-mass PBH as whole dark matter conflict with PT interpretation of PTA data

Thank you!

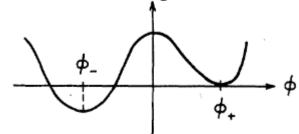
### Instanton

Field equation at Euclidean space:

$$\left(\frac{\partial^2}{\partial \tau^2} + \nabla^2\right)\phi = +U'(\phi)$$

#### **Bounce solution:**

$$\phi(\tau = \pm \infty) = \phi_+$$



Boundary choose to be at t = 0

$$\frac{d\phi}{d\tau}(t=0)=0$$

$$O(4)$$
 symmetry:  $\rho = \sqrt{x^2 + \tau^2}$ 

$$\frac{d^2\phi}{d\rho^2} + \frac{3}{\rho} \frac{d\phi}{d\rho} = U'(\phi)$$

$$\phi(\rho = \infty) = \phi_+, \frac{d\phi}{d\rho}(\rho = 0) = 0$$

$$B = S_E = 2\pi^2 \int_0^\infty \rho^3 d\rho \left[ \frac{1}{2} \left( \frac{d\phi}{d\rho} \right)^2 + U \right]$$
  
$$\Gamma/V = A \exp\left( -\frac{B}{\hbar} \right) \left( 1 + O(\hbar) \right)$$

#### Thermal correction to potential: EWPT as an example

Masses depend on Higgs, e.g.  $m_h^2 \sim \lambda (3h^2 - v_{ew}^2)$ ,  $m_f \sim g_Y h$ .

 $V = V_0(h) + f_{plasma}(h, T)$  Free energy of thermal particle in equilibrium Coleman-Weinberg potential

$$f_{plasma} = T^4 \left[ \sum_B J_B \left( \frac{M_B}{T} \right) + \sum_F J_F \left( \frac{M_F}{T} \right) \right]$$
, B, F denote for bosons and fermions

$$J_{B}\left(\frac{m}{T}\right) = -\frac{\pi^{2}}{90} + \frac{1}{24}\left(\frac{m}{T}\right)^{2} - \frac{1}{2(4\pi)^{2}}\left(\frac{m}{T}\right)^{4}\left(\ln\left(\frac{1}{\pi}\frac{m}{T}e^{\gamma_{E}}\right) - \frac{3}{4}\right) + O\left(\left(\frac{m}{T}\right)^{6}\right),$$

$$m = m(h)$$

$$J_{F}\left(\frac{m}{T}\right) = -\frac{7}{8}\frac{\pi^{2}}{90} + \frac{1}{48}\left(\frac{m}{T}\right)^{2} - \frac{1}{2(4\pi)^{2}}\left(\frac{m}{T}\right)^{4}\left(\ln\left(\frac{1}{\pi}\frac{m}{T}e^{\gamma_{E}}\right) - \frac{3}{4}\right) + O\left(\left(\frac{m}{T}\right)^{6}\right),$$

$$V = \frac{D}{2}(T^2 - a)h^2 - \frac{A}{3}(T + b)h^3 + \frac{\lambda}{4}h^4 - g_{eff}\frac{\pi^2}{90}T^4$$

Finite-temperature field theory

precise formula also including thermal loop contribute have impact on D, a, A, b

# GW Spectrum Shape

#### Sources:

- Sound Waves
- Bubble collision
- magnetohydrodynamic (MHD) turbulence

# Typical frequency: $f_{\star} \sim \beta \sim H_{\star} \frac{\beta}{H_{+}}$

$$f_0 = \frac{a(t_{\star})}{a(t)} f_{\star} \sim 10^{-5} \left(\frac{g_{\star}(T_{\star})}{106}\right)^{\frac{1}{6}} \left(\frac{T_{\star}}{100 \text{GeV}}\right) \frac{\beta}{H_{\star}} \text{ Hz}$$

